

PREPAREDNESS INFORMATION

MAKE AN EMERGENCY KIT

Depending on the size and complexity of the event, first responders may not be available immediately. Having supplies on hand for a minimum of three days (72 hours) will ensure your own safety and the safety of your family. It is recommended to have the following:

Home/Office Emergency Kit: This kit should provide enough supplies to help you survive for three days without any additional aid. It should include food, water (one gallon per person, per day), first aid supplies, a change of clothes, personal care supplies, walking shoes, flashlights, shelter-in-place equipment, local maps, a National Oceanic and Atmospheric Administration (NOAA) weather radio, a wrench or pliers for turning off utilities, and a whistle.

Car Kit: Essential car kit components include food, water, needed medical supplies, flashlights, jumper cables, shovel, ice scraper, warm clothes, and blankets.

An Emergency “Go Bag” in the Event of an Evacuation: Go bags include enough supplies for each member of the family to survive for three days on the road. This includes water, food, clothing, medication, evacuation routes, family records, and supplies for other specialized needs.

Family Records: Take time to ensure that all important family records are protected and readily available in the event of a disaster or evacuation. This will make the recovery process go more smoothly and quickly.

Medical Needs Lists: Compile a brief summary of known allergens, medications, and prior medical history. Keep a copy in your wallet, on the fridge, and at work and provide a copy to your emergency contact.

When assembling emergency supplies for your kits, remember to consider the needs of infants, children, seniors, and pets.

For a sample list of supplies for an emergency kit, see the last section of this guide.