



Addiction Treatment

Building Stronger Lives Together

HealthyPrinceGeorges.org



**HEALTH
DEPARTMENT**
Prince George's County

Family Services | **Health Department** | Social Services

At the Prince George's County Health Department, you don't have to fight the battle of substance misuse alone.

Can you answer yes for any of the following:

For Adults:

- Poor work performance, being chronically late to work, appearing tired and disinterested in work duties, and receiving poor performance reviews
- Changes in physical appearance, such as wearing inappropriate or dirty clothing and a lack of interest in grooming
- Altered behavior, such as an increased desire for privacy
- Drastic changes in relationships
- A noticeable lack of energy when performing daily activities
- Spending more money than usual or requesting to borrow money
- Issues with financial management, such as not paying bills on time
- Changes in appetite, such as a decreased appetite and associated weight loss
- Bloodshot eyes, poor skin tone, and appearing tired or run down
- Defensiveness when asked about substance use

For Adolescents:

- Difficulties at school, disinterest in school-related activities, and declining grades
- A change in peer group
- Carelessness with grooming
- Decline in academic performance
- Missing classes or skipping school
- Loss of interest in favorite activities
- Changes in eating or sleeping habits
- Deteriorating relationships with family members and friends

WE CAN HELP

FREE 24/7

MARYLAND HOTLINE: 800-422-0009 or 211

CRISIS TEXT LINE: TEXT MD to 741741

GENERAL INFORMATION: 301-856-9500

www.pgchealhzone.org/treatment

