



CREATING RESILIENT COMMUNITIES: A WEBINAR SERIES

# PREPAREDNESS

Presented by:

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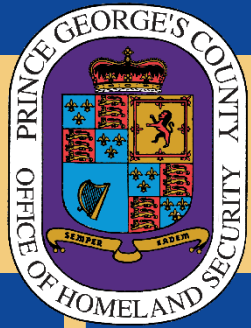




# WHY PREPARE?

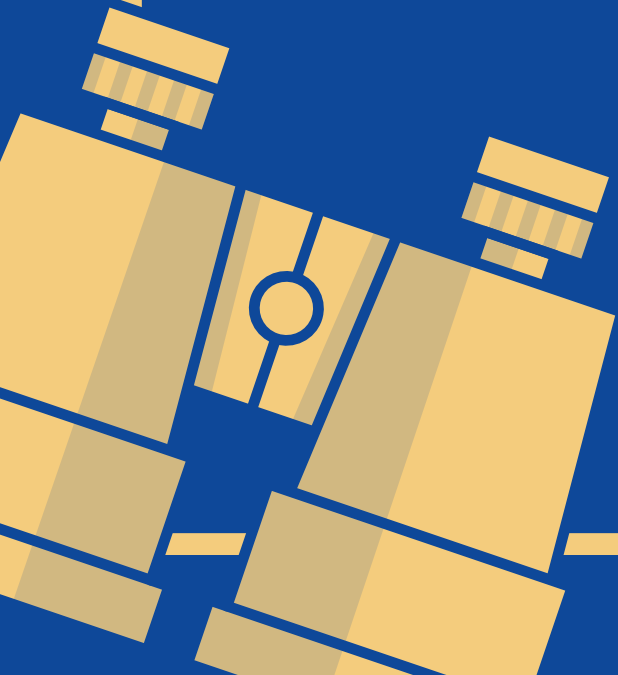
- Emergencies by definition do not leave us time to prepare.
- Helps keep everyone calm.
- Preparing reduces the risk of an emergency turning into a disaster for your family.





# TYPES OF EVENTS TO CONSIDER

- Fire
- Flood
- Tornados
- Hurricanes
- Man-made attacks/disasters
- Earthquakes
- School incidents
- Medical Emergencies



# TORNADOS AND STORMS



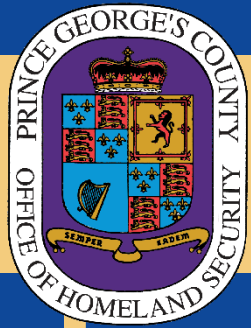
**MAY 26, 2021**

Straight line wind event in Fort Washington seriously damages 3 homes

**JULY 1, 2003**

A tornado was confirmed near Clinton

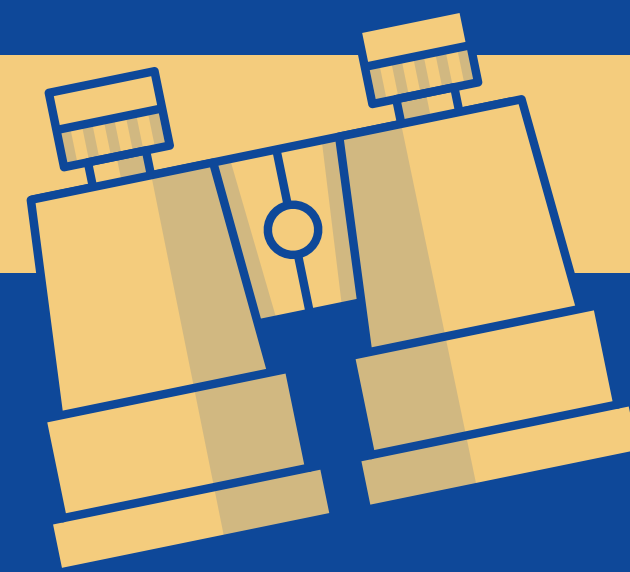
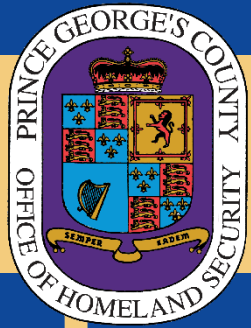




# BUILD A KIT

- The time to think about what your family may need to survive is not during the emergency, it is before.
- Plan to be without help for up to 72 hours as in some cases it may take that long for emergency personnel to reach you.
- Look around your house before you run to the store! You already have just about everything that you will need; you just have to gather it in one place.

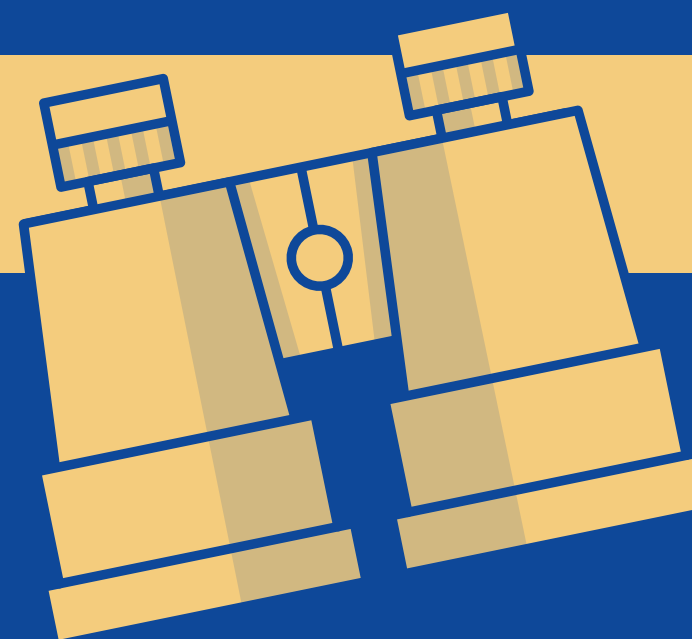




# THE KIT

- Water – one gallon per person per day, don't forget extra water for pets!
- Ready-to-eat canned meats, fruits, vegetables and a can opener
- Protein or fruit bars, dry cereal or granola, peanut butter
- Nuts, crackers
- Canned juices, non-perishable pasteurized milk
- High energy foods
- Food, formula, diapers for infants
- Comfort/stress foods
- Matches in a waterproof container

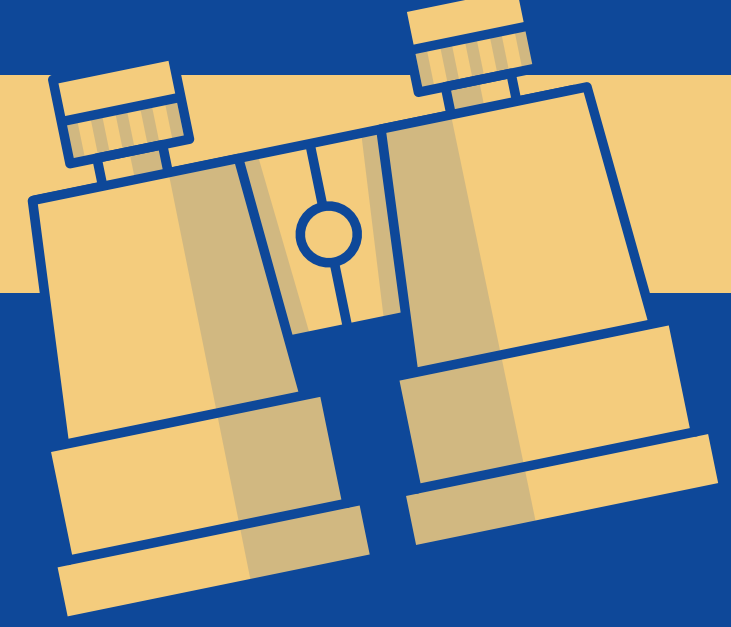




# THE KIT - cont.

- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries, glow sticks (yellow is best)
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Local maps
- Cell phone with chargers, inverter or solar charger





# THE KIT - cont.

- Cold weather clothing – jackets, long sleeve shirts and pants, sturdy shoes.
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Prescription medications and glasses
- Pet food
- Cash or traveler's checks and change
- Copies of important family documents.
- Complete change of clothing including a long-sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Paper and pencil, books, games, puzzles







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# KIT SAMPLE



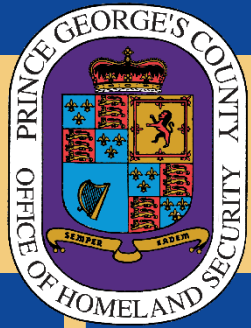


# FIRST AID



- In any emergency a family member or you yourself may experience an injury.
- Knowing how to treat minor injuries can make a difference in an emergency.

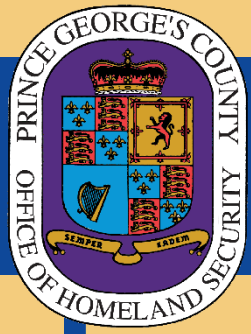




# KIT MAINTENANCE

- Be sure to change stored food and water supplies every six months. Be sure to write the date on your stored items.
- Re-think your needs every year and update your kit as your family's needs change.
- Keep items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers, such as an unused trashcan, camping backpack or duffel bag.





# PLAN AHEAD

Some things to begin to consider:

- What happens if we are apart during an emergency?
- Who is our out of town contact?
- Who is able to take the kids until you are able to be reunited?
- What about your elderly or special needs family members?





# IN CASE OF EMERGENCY (I.C.E.)

- All family members should carry In Case of Emergency cards/information
- Name
- Emergency Contact Name
- Emergency Contact Phone Numbers
- Medical Conditions
- Medicines
- Allergies
- Put cards in backpacks, purses and wallets. In cars with insurance and registration information
- Store I.C.E. on cell phones





# IMPORTANT DOCUMENTS

- Family emergency document binder
- The container should be:
  - Sturdy (last for many years)
  - Fire box (will not sustain damage)
  - Portable (think emergency evacuation)
  - Versatile (store documents, keys, jump drives, external hard drives)
  - Secure (enclosed to prevent objects from falling out)
- Secured cloud storage





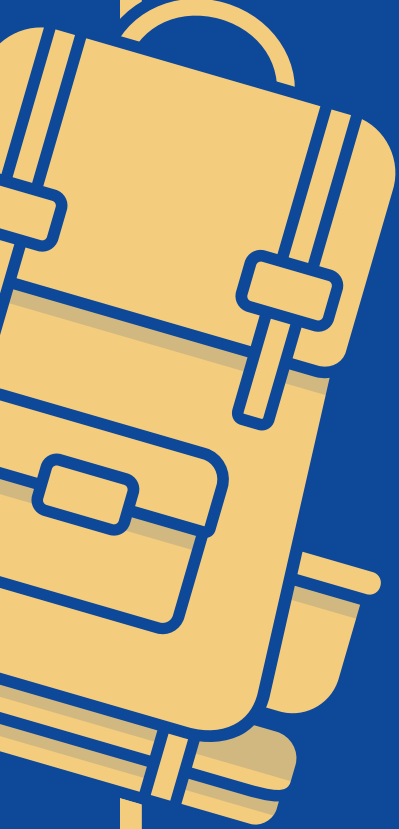
# RESOURCES

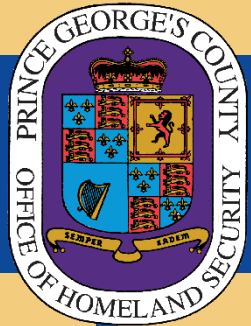
Federal Emergency Management Agency (FEMA)  
[www.Ready.gov](http://www.Ready.gov)

Maryland Emergency Management Agency (MEMA)  
[www.MEMA.Maryland.gov](http://www.MEMA.Maryland.gov)

Prince George's County Office of Emergency Management  
[oem.mypgc.us](http://oem.mypgc.us)

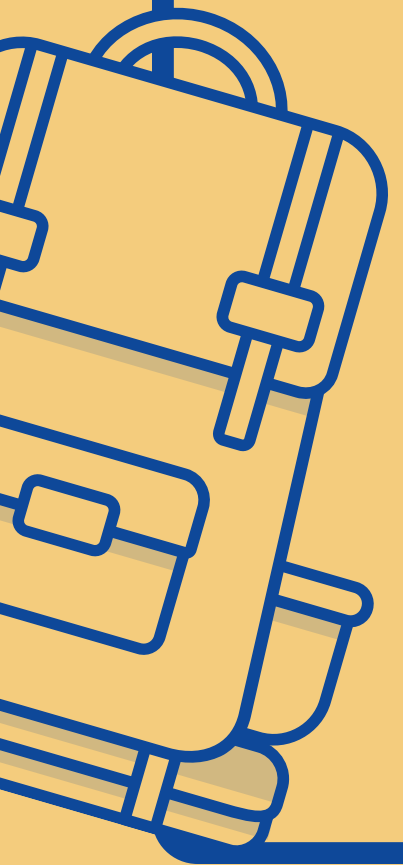
American Red Cross  
[www.redcross.org](http://www.redcross.org)





## CREATING RESILIENT COMMUNITIES: A WEBINAR SERIES

**THE END OF ONE  
CHAPTER IS JUST  
THE BEGINNING OF  
ANOTHER...**



**THANK YOU FOR YOUR  
PARTICIPATION!**

Don't forget to join us next month!

**AUGUST 17<sup>TH</sup> AT 7 PM**

**TOPIC:**

Hazard Mitigation

**PRESENTER:**

Ehsan Bahador, Emergency Planner



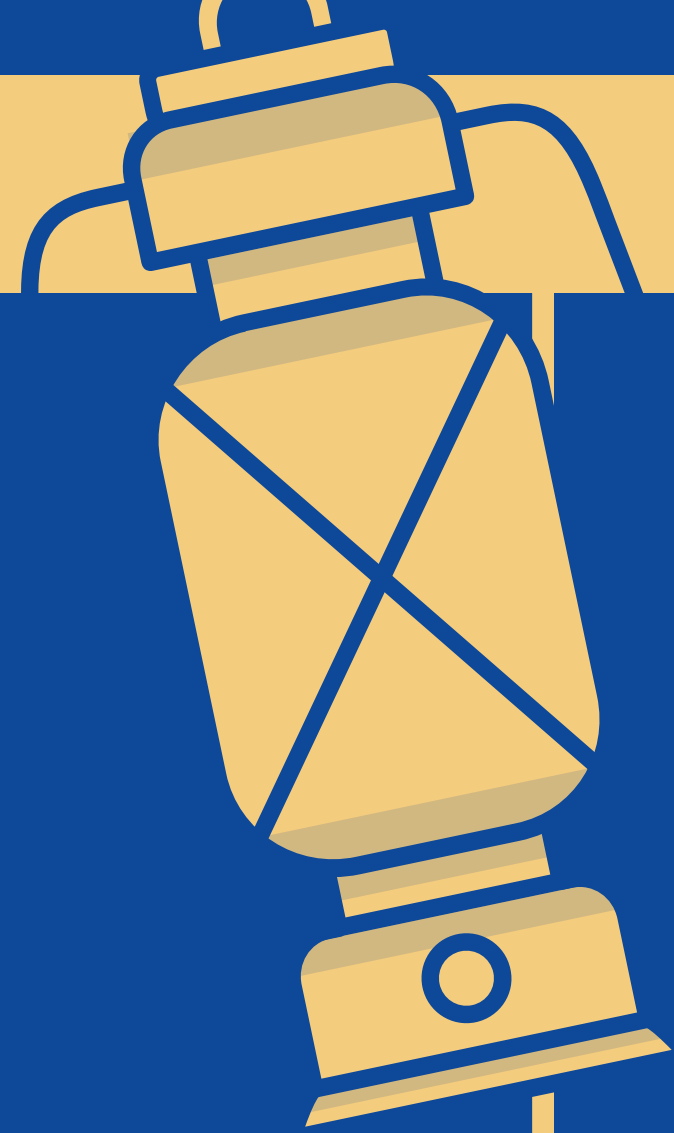




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## Q & A

Please put your questions in the chat!





## CREATING RESILIENT COMMUNITIES: A WEBINAR SERIES

Your feedback is important to us! Tell us what you thought about tonight's webinar.

Complete our survey at  
<https://www.surveymonkey.com/r/LGVPS85>

# Thank You!

