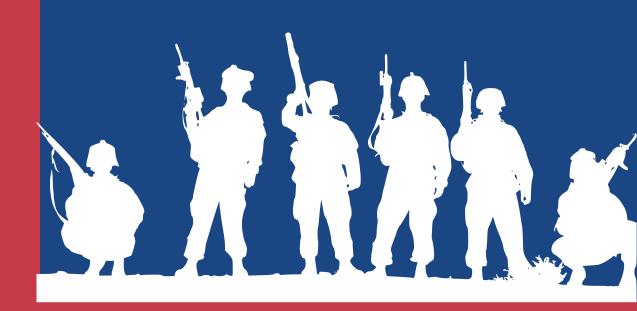
The Office of Veteran Affairs

# Resource Guide

A Helpful Resource Guide for Veterans





"United We Stand, Honoring All Who Served"

# The Office of Veteran Affairs $Resource\ Guide$

# About us

The Office of Veterans Affairs (OVA) proudly provides comprehensive services and support to Prince George's County veterans, military families, and their dependents. Through various programs and partners, the OVA offers guidance, information, and access to services while promoting activities for veterans of all ages and collaborating with service providers to address complex issues.

# Connect with us

Stay connected with your Prince George's County
Office of Veteran Affairs!

Phone: 301-952-3904
14741 Governor Oden Bowie Drive
Suite L-023
Upper Marlboro, MD 20772

# Healthcare

#### **Medstar Southern Maryland**

**Services Offered:** Comprehensive medical services, specialty

care, urgent care.

**Insurance Accepted:** VA Health Insurance, Medicare,

Medicaid, private insurance such as Atena, Kaiser, CareFirst.

MedStar Health Additional Information: Offers telehealth services for remote

consultations.

Contact: (301)-868-800

Address: 7503 Surratts Rd. Clinton MD, 20735

#### **Luminis Health**

**Services Offered:** Primary care, surgical services, mental

health counseling.

**Insurance Accepted:** Accepts most major insurance inculding

VA Health Insurance, Medicare, private insurance.

**Additional Information:** Features patient portals for easy

appointment management. Varies locations in Prince Geroge's

County

Website: www.luminishealth.org

#### Interdynamics Inc.

**Services Offered:** Integrative health services, mental health

counseling, addiction support.

**Insurance Accepted:** VA Health Insurance, private insurance.

Additional Information: Focuses on holistic approaches to

health and wellness.

Contact: (301)-306-4590

Website: www.interdynamicinc.com

Address: 4601 Forbes Blvd, Lanham, MD 20706







# Healthcare



#### **UMD Hospital Largo**

**Services Offered:** Urgent care, primary care, specialty health services.

Insurance Accepted: VA Health Insurance, Medicare, private

insurance.

Additional Information: Convenient location with extended

hours for veterans.

Contact: (240)-677-1000

Address: 901harry S. Turman Dr N, Largo, MD 20774



#### **Dyer Clinic**

**Services Offered:** Offering short-term (up to 24 hours), personalized emergency crisis services for residents facing mental health and/or substance use challenges.

**Insurance Accepted:** VA Health Insurance, private insurance. **Additional Information:** Offers community health programs

and outreach services. Open 24 hours

**Contact:** (240) 965-1715

Address: 9314 Piscataway Rd, Clinton, MD 20735

# Housing



#### **US Vets**

Services Offered: Transitional housing, case management,

employment support, and mental health services.

Contact: 202-748-5549

Location: 150 Wayne PL SE, Washington, DC 20032

**Additional Information:** Focuses on helping veterans achieve stability and self-sufficiency through comprehensive support

services



Ending homelessness **Rebuilding lives** 



Services Offered: Housing search assistance, supportive

services, job training, and financial literacy programs.

Contact: (202)-364-1419

Website: friendshipplace.org

**Location**: 4713 Wisconsin Ave NW, Washington, DC 20016 **Additional Information**: Provides a community-oriented approach, fostering connections among veterans and local

resources.



#### **Housing Prince George's County**

Services Offered: Affordable housing programs, financial

assistance, and housing counseling.

Contact: (301)-883-5501

**Additional Information:** Works to connect veterans with

suitable housing options in the county.



#### **Unity in the Community Darby House**

Services Offered: Transitional housing, counseling, and job

placement assistance.

Contact: (703)-494-8566 Website: www.unityitc.org

**Additional Information:** Focuses on providing support for

veterans and their families during times of transition.

# The Office of Veteran Affairs

**A Helpful Resource Guide for Veterans** 

# Housing



Men Shelter/UCAP

Services Offered: Shelter for men, support services, and

connections to permanent housing resources.

Contact: (301)-322-5700

Location: 1400 Doewood Ln, Capitol Heights, MD 20743

Website: www.ucappgc.org

**Additional Information:** Provides emergency shelter and ongoing support for male veterans facing homelessness.

## **Employment and Education**



# State DLLR (Department of Labor, Licensing and Regulation)

**Services Offered:** Employment services, job training programs, and labor market information.

**Veteran-Specific Programs:** Offers dedicated services for veterans, including job placement assistance and workshops tailored to military experience. Also offers workforce exchange program

Contact: (410)-767-2015

**Email:** dlwdalveterans-labor@maryland.gov **Additional Information:** Provides resources for

understanding veteran employment rights and connecting

with local employers



#### **Employ Prince George's**

**Services Offered:** Job search assistance, resume workshops, and interview preparation.

**Veteran-Specific Programs:** Specialized support for veterans, including job fairs and networking opportunities tailored for military personnel.

Contact: (301)-618-8425 Website: www.EmployPG.org

**Additional Information:** Collaborates with local businesses to

promote veteran hiring initiatives.



#### **Teambuilders Academy PGCC**

**Services Offered:** Workforce development programs and training in various fields.

**Veteran-Specific Programs:** Offers programs specifically designed for veterans to gain job skills and certifications.

Contact: (301)-548-8510

**Email:** teambuildersacademy@pgcc.edu

Additional Information: Focuses on building teamwork and

leadership skills essential for civilian employment.

## **Employment and Education**



**Bowie State University** 

**Services Offered:** A variety of undergraduate and graduate

programs.

**Veteran-Specific Programs:** Offers dedicated support for

veterans, including a veteran's affairs office and programs to ease

the transition to academic life.

Contact: (301)-860-3730

Website: www.bowiestate.edu

**Additional Information:** Participates in the Yellow Ribbon Program to help cover additional tuition costs for veterans.



**University of Maryland** 

**Services Offered:** Bachelor's and graduate degree programs

across various disciplines.

**Veteran-Specific Programs:** Veterans services office that provides support for admissions, financial aid, and campus

resources tailored for veterans.

Contact: (301)-314-8239 or 301-314-8225

**Email:** vabenefits@umd.edu

**Additional Information:** Active military and veteran student organizations provide networking and community support.



**Veterans Upward Bound – PGCC** 

**Services Offered:** A free, non-profit, pre-college preparation

program aimed at high school students.

**Veteran-Specific Programs:** Offers resources and mentorship

for veterans' children seeking higher education.

Contact: (301)-546-0578 Email: vub@pgcc.edu

**Additional Information:** Focuses on helping first-generation

college students succeed.

# **Employment and Education**



**Services Offered:** Job training programs and career counseling

services.

**Veteran-Specific Programs:** Focuses on providing training and job placement specifically for veterans, including partnerships with local employers.

Contact: 301-731-5000 Email: info@pgcoc.org

**Additional Information:** Offers workshops that highlight transferable skills from military service to civilian job markets.



## **Labor and Skills Development**



#### **CDL Training**

**Prince George's Community College (PGCC)** Offers Commercial Driver's License (CDL) training programs.

**Benefits for Veterans:** Obtaining a CDL can lead to high-demand job opportunities in the trucking industry, providing veterans with stable, well-paying careers. The skills learned in this training can translate into valuable experience for logistics and transportation roles.

Contact: 301-546-7422

Website: PGCC CDL Training



#### **Teambuilders Academy**

Provides workforce development and training programs for veterans.

**Benefits for Veterans:** Teambuilders Academy focuses on skills that are directly applicable in the job market, helping veterans transition into civilian careers. The training programs foster teamwork, leadership, and technical skills that are highly sought after by employers.

Contact: 301-710-0072

Website: Teambuilders Academy

### **Quality of Life Assistance**



#### **VSO – VA Disability Claims Assistance**

Veterans Service Officers assist with VA disability claims.

**Benefits for Veterans**: Navigating the VA claims process can be complex. VSOs provide expertise and support, helping veterans receive the benefits they deserve, which can significantly improve their financial and emotional well-being.

Contact: 1-800-827-1000 (VA National Call Center)

Website: VA Claims Assistance

#### **Counseling Services at VET Center**

Benefits for Veterans: Access to a wide range of services tailored to veterans' needs, such as individual and group counseling for PTSD, family counseling, and substance abuse treatment. The VET Center also helps with connecting veterans to community resources and employment services, fostering a smoother transition to civilian life.

Additional Services: VET Centers offer a welcoming environment where veterans can receive support in dealing with military-related issues, social reintegration, and coping strategies. They also provide assistance with VA benefits and claims.

**Contact:** <u>1-800-905-4675</u> **Website:** <u>VET Center</u>



#### **Red Cross**

Offers emergency assistance, disaster relief, and education in communities.

**Benefits for Veterans:** The Red Cross provides crucial support during crises, helping veterans access shelter, food, and emergency financial assistance, which can be vital during challenging times.

**Contact**: <u>1-800-RED-CROSS</u> (<u>1-800-733-2767</u>)

Website: American Red Cross



### **Quality of Life Assistance**



#### **Serving Together – EveryMind**

Connects veterans and their families to services and support. **Benefits for Veterans:** This program helps veterans navigate available resources, ensuring they receive the necessary support for housing, mental health, and employment, enhancing their quality of life.

Contact: 1-855-738-7176
Website: Serving Together



#### **Habitat for Humanity**

Provides affordable housing and homeownership opportunities. **Benefits for Veterans:** Homeownership promotes stability and financial security. Habitat for Humanity helps veterans build equity in their homes, fostering a sense of community and belonging.

Contact: 1-800-422-4828 Website: Habitat for Humanity



#### **Aging Department – Family Services**

Provides services to seniors, including assistance and support. **Benefits for Veterans:** Aging services can help veterans maintain independence and quality of life as they age, providing access to necessary resources and support networks.

**Contact:** 301-265-8450

Website: Family Services Aging

### **Homecare**



**Compassionate Home Care** 

Email: info@ccaremd.com

**Description:** Offers personalized home care services for

veterans.

**Benefits for Veterans:** Home care services provide essential support for daily activities, allowing veterans to remain in their homes safely and comfortably. This promotes independence and

improves their overall quality of life. **Website:** Compassionate Home Care



**Synergy** 

**Description:** Provides in-home care services tailored to individual

needs.

**Benefits for Veterans:** Personalized care helps veterans manage health conditions, maintain daily routines, and enhance their emotional well-being, fostering a sense of dignity and self-sufficiency.

Contact: 240-565-6650

Website: Synergy HomeCare



#### **Abundance Assisted Living**

Description: Offers assisted living services in a home-like

environment.

Benefits for Veterans: Assisted living facilities provide a supportive community and access to healthcare services, ensuring veterans receive the care they need while enjoying social interactions and activities.

Contact: 301-960-4999

Website: Abundance Assisted Living