

DEPARTMENT OF FAMILY SERVICES

Presents



THE FAMILY CAREGIVERS CONFERENCE

Empowering Caregivers Through All Seasons

This conference will include topics such as:

- Eldercare Mediation
- Healthy Living Practices
- Caregiver Mindfulness
- Reframing Caregiving
 - ...and more!



10:00 AM - 2:00 PM Check-in begins at 9:30 AM

> *Martin's Crosswinds* 7400 Greenway Center Dr. Greenbelt, MD 20770

Keynote Speaker WILLISTINE D. PAGE, LNHA, MA Senior Life Consultant and Wellness Educator



REGISTRATION OPEN NOW! **301-265-8658**

Open to those who care for an older adult or an individual with Alzheimer's disease or related dementia. Registration is required.

Valid ID must be presented at the door.